



MASTER MONOGRAPH

ROSICRUCIAN ORDER
AMORC



POSTULANT SECTION

Mandamus 1

*“Know thyself, and thou shalt
know the universe and the gods.”*

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Dear Member, I salute you!

On this first day on the Rosicrucian Path, I welcome you into the Rosicrucian Order, A.M.O.R.C. Henceforth you will belong to a mystical and traditional Order which for centuries has devoted itself to the perpetuation of the knowledge of the mysteries.

From this day forward you shall receive four monographs every month and you should study them very carefully. Each monograph constitutes a fragment of the wisdom of the Rose-Croix of the past and shall contribute in guiding you toward the inner light you are seeking.

May the God of your Heart forever inspire you!

With best wishes for Peace Profound,

Sincerely and fraternally,

Christian Bernard

*Christian Bernard
Imperator*



Rosicrucian Order _____ AMORC _____ Postulant Section
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On this first day of the R+C Path

Dear Fratres and Sorores,

It is with great joy that we now count you among the members of our Order and, with all my heart, I welcome you on the prestigious Rosicrucian Path.

This monograph is the first of those you will receive as a member of the Postulant Section. This section, as its name indicates, is composed of fratres and sorores who, like you, aspire to receive the Knowledge perpetuated by the Ancient and Mystical Order Rosae Crucis; yet such Knowledge can only be transmitted to those who are pure of heart and are only motivated by a sincere desire to understand and to learn. That is why, in a very subtle way, your sincerity and purity will be put to the test in the coming months. If you prove yourself worthy of the Mysteries that are about to be revealed to you, the Masters who watch over our Tradition will grant you the honor and privilege of continuing on the path that you are setting out upon for the first time today. If the opposite should be the case, you will be excluded, perhaps forever, without even realizing it. Thus, the future of your affiliation with AMORC depends upon you and you alone.

The word *Mandamus*, which appears on the cover and at the top of each page of this monograph, designates the special mandate that your Class Master has received for instructing you as a Postulant of our Order. This mandate was granted to you because you promised upon your honor to keep AMORC's traditional teachings confidential. This means that they are placed at your disposal as a privilege of your affiliation, and they may be withdrawn if you are neglectful in your duty. My hope therefore is that you respect the commitment you made when facing your conscience and that you give proof of your worthiness and loyalty.

After having studied this first Mandamus, acquaint yourself with the accompanying booklets entitled *Liber 777—The Celestial Sanctum* and *Liber 888—Council of Solace*. I ask you to give special attention to these booklets because the mystical principles they contain are important to know and are an integral part of the Rosicrucian philosophy. Moreover, please keep in mind that these booklets are not confidential. Unlike the monographs and all the other documents you will receive as part of your affiliation, you can loan *Liber 777* and *Liber 888* to nonmembers so that they may



read them, provided that they are interested in mysticism and spiritual matters. While reading these booklets, their desire to know more concerning Rosicrucian esotericism may be aroused.

Beginning with the next mailing, you will receive four monographs per month. I advise you to study *one monograph* per week. Also, beginning right now, choose a day of the week for your Rosicrucian studies and, as much as possible, do not change it. Such a choice will allow you to establish a regular rhythm in your Rosicrucian work, thus contributing to a better assimilation of what you will study. Similarly, most Rosicrucians have chosen Thursday—and more particularly Thursday evening—to read their monographs. Why Thursday? Simply because Rosicrucian Tradition records that it was on a Thursday evening that the Order founded by Thutmose III—and to whom the Order owes its traditional origins—held its first meeting in the temple of Karnak, Egypt, during the reign of this pharaoh.

By devoting this day to their Rosicrucian studies, Rosicrucians from all over the world commemorate this event that is of great importance for our mystical Order. If you cannot make Thursday night your period for study, choose another day. Likewise, if it is impossible for you to study your monographs in the evening, do so in the morning, in the afternoon, or at any other time when you have the required tranquility. What matters most of all, I repeat, is creating within yourself the habit of studying on a certain day of the week. Furthermore, whatever the day and time you choose, let your family and friends know that you will not be available during this period. If necessary, make it clear to them that this time is devoted to private studies. In this way, you will avoid any interruption in your Rosicrucian work.

Do not let your monographs accumulate with the good intention of studying them later on and catching up. If this happens, you may hinder the initiatory process which provides meaning to Rosicrucianism. Moreover, such a way of proceeding will gradually weaken the attraction which impelled you to request affiliation with our Order. In fact, each week it will become more and more difficult for you to read and study the Rosicrucian teachings. On the other hand, regular and conscientious study will lead you to increasingly greater understanding and knowledge—sources of profound inner satisfaction. In this way, you will derive all the theoretical and practical advantages which Rosicrucian philosophy can give to those who show themselves worthy of it. Moreover, if you wish to review certain monographs,



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nothing prevents you from doing so at the time you find most suitable between your regular study periods. In fact, it is up to each person to be as organized as possible to make these studies most effective. The general rules just stated remain valid for everyone, as they have proven their value.

Besides regularity in your work, I recommend that you have a notebook reserved for your Rosicrucian studies. Write in it the principles you want to commit deep in your memory, the comments your monographs inspire in you, the questions you ask yourself, and the answers you receive at a given moment in your advancement. The contents of this notebook are to remain confidential, because it is the silent witness of a mystical intimacy which you alone can understand and assume. By reviewing your notebook periodically, you will find with pleasure that your inner understanding of the great truths of existence will blossom as the months go by and you will measure the extent to which your desire to study the teachings of our Order has been justified. If you give it the care and attention required, it will reflect your Rosicrucian progress from this day forward until the day when your affiliation is completed.

To conclude these few remarks with a comment on administrative matters, I wish to assure you that your name and address are kept absolutely confidential on our part. All information concerning you, and which is necessary to us concerning your affiliation with AMORC, is kept in files to which only persons authorized by me have access. Indeed, the Grand Lodge does everything so that your trust in us is truly justified on all levels.

Again, let me express my pleasure in welcoming you as a member of our Order, and send you best wishes for Peace Profound.

Sincerely and fraternally,



Julie Scott
Grand Master



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Dear Fratres and Sorores,

Convening a new class of Rosicrucian Postulants is a happy and important event in our Tradition, for it provides proof of the desire and need for spirituality, which animates an ever-greater number of seekers. As your Class Master, I welcome you in the name of the Imperator, all the Grand Masters, and all your fratres and sorores, and, on this memorable day, I convey to you their greetings.

Before approaching the first principles of our teachings, it will be useful for you to know certain facts that will allow you to understand better what you have a right to expect from your affiliation. We believe that this will give you the feeling of real satisfaction regarding the decision you have made in seeking admittance within AMORC's Portals. First of all, you must understand that what distinguishes Rosicrucians from other people is the attraction they feel toward the mysteries of life. Their thirst for Knowledge incites them to explore the universe in which they live, because they are conscious of the fact that they themselves are living reflections of it. They devote themselves, body and soul, to the study and application of our Order's teachings, because experience has, over time, shown them that Rosicrucian philosophy makes it possible to understand better the meaning of life and, therefore, to master it more fully.

ROSICRUCIANISM: The purpose of our teachings is not to upset the social and family environment in which we live, because such a negative perspective would be in total opposition with the law of evolution so dear to us. Although Rosicrucians, in the course of history, have contributed to profound changes in society, they succeeded in laying the foundations for such changes because they have understood, in light of what they had learned in the Order, that the world could only evolve positively by adapting themselves to the loftiest ideals.

Therefore, the basic worth of Rosicrucianism resides in the positive transformation that takes place in the innermost being of each member and which gradually makes him or her an enlightened being who is happy to be alive. In this sense, the objective of AMORC's teachings is to give us the intellectual and spiritual means to face the vicissitudes of our daily existence and to experience

happiness, much like the joy we feel when in the presence of those who are dear to us. That is why the monographs do not convey speculative teachings; they convey instead a pragmatic knowledge based on a presentation of natural and cosmic laws at work in and around us.



Many people have a poor understanding of what the word *mysticism* truly means. This word is too often associated with strange, unusual, and even disturbing behavior, whether it is used to define the state of mind or the mentality of someone who has no concept of the material values of existence. For some, it is even synonymous with “magic.” However, as we will show you in our teachings, Rosicrucian mysticism has nothing to do with magical practices, whatever their purpose and nature may be. For centuries, mysticism has dealt with the spiritual dimension of humans. To be more precise, it is concerned with the study of natural and universal connections uniting each living being to the First Cause of all things—which we may call *God, Divine Intelligence, Cosmic Consciousness, Universal Wisdom*, or whatever we wish. From this point of view, any system whose goal is to give humanity a better understanding of the place we occupy in the universe, is mystical.

AMORC, as a traditional, philosophical, and initiatic Order, is interested in eternal values and strives to guide its members toward an approach of Absolute Truth. This being the case, we must emphasize that it does not in any way constitute a religious movement. By making this declaration we do not wish to say that Rosicrucian teachings oppose any of the many existing religions; rather, the goals it pursues are completely different.

Generally speaking, a religion does not devote itself to the study of life. Rather, it is intent upon perpetuating dogmas that were established originally by one or more individuals. When these dogmas truly reflect the Universal Good, the behaviors dictated by the religion in question are valuable. When the contrary is true, they may oppose a person’s physical and spiritual integrity. Moreover, any religious code bears the imprint of the era in which it was defined. Therefore, a religion cannot be eternally valuable if its teachings are not regularly readapted to the evolution operating both within ourselves and within our environment. That explains why certain religious movements are currently experiencing profound reassessments.

We cannot deny that religions, on the whole, have their origin in the revelations received by an individual through harmonizing with Divine Wisdom. However, they do not teach the method to follow so that their students may achieve this harmonization on their own. In other words, the mystical course which the Messiah or the Prophet of a religion followed to reach such



Illumination is not explained to the faithful. Rather, they are expected to believe what they are told about the life of this Messiah or Prophet.

Mysticism, on the other hand, seeks to promote the inner awakening of each individual and to provide the spiritual means of harmonizing directly with Cosmic Consciousness. In other words, its purpose is to allow men and women to have a personal experience of the Divine without having recourse to a particular creed and without using any priesthood as an intermediary. That is why we feel that religions have an obvious usefulness, and yet they essentially constitute ways of belief, whereas a traditional Order such as AMORC is a Path to Knowledge.

As an introduction to the teachings that will be revealed to you progressively, we propose that you consider certain phenomena which may have already attracted your attention or have given rise to reflections on your part. All of these phenomena relate to laws and natural principles that will be the subject of complete explanations in the monographs you will receive. Many people, due to their ignorance, classify them in the realm of superstition or associate them with supernatural events. Yet people have at their disposal every faculty required for mastering them and making them useful in everyday life. It is true, as the ancient saying goes, that “it is from ignorance and from ignorance alone that humanity must be freed.”

THE HUMAN AURA: You may have noticed an illuminated streetlight on a foggy night. Apart from the light itself, you may have perceived a sort of radiance around it. We call this radiance an *aura*. All living creatures have an aura; however, unlike the one that may be seen around a streetlight, the aura issuing from plants, animals, and human beings is invisible to the naked eye, at least under normal circumstances. Yet, the fact that it cannot be readily seen does not mean that it does not exist.

To use an analogy, it is impossible to perceive the magnetism emanating from a magnet. Yet such magnetism does exist and it cannot be denied that it produces tangible effects on certain substances. Without dwelling on the nature of the human aura—a study that we will save for future monographs—we can say that the human aura is an electromagnetic field resulting from a combination of three major energies—the first being associated with our physical body, the second with our vitality, and the third with our soul.



Just as the existence of magnetism can be proved by observing its effects, it is likewise possible to test the influence that the aura exerts on its surroundings. In this regard, you must not think that the only way of proving whether the aura exists involves perceiving the color of its radiance, although that would be naturally the most conclusive in this matter. For example, you may have encountered a person for whom you immediately felt either an attraction or an aversion, even though this person said or did nothing whatsoever that could explain such an impression. Even if you were not objectively aware of it, this kind of impression often has its origin in the psychic influence that the aura of others can have upon us.

Exercise: In connection with the aura, we suggest that you carry out the following exercise. The next time you use public transportation or when you find yourself in a crowd, analyze the impressions you experience when in contact with people. Do not study their faces or their demeanor, because that might cause suggestions to intervene that have nothing to do with the perception of the aura. Instead, note how your own thoughts, emotions, and feelings can change in regards to individuals with whom you are in contact. Since certain people react more to the vibrations of the aura than others do, it will be interesting for you to realize the degree of your own psychic sensitivity.

TELEPATHY: As a form of mystical practice, telepathy dates back to earliest antiquity. It was used by the Initiates, and, in general, by all members of the Mystery Schools. Not so long ago, such a practice was condemned by certain religious dogmas, and many superstitious people associated this phenomenon with malevolent powers. Science also took a long time to recognize the authenticity of telepathy, because this phenomenon was beyond the scope of their researches and confronted them with still unknown principles.

For Rosicrucians, thought transmission is a practice whose existence and effectiveness cannot be doubted. When following a well-defined method, it is possible to establish mental contact with other people. As is the case with most faculties that are said to be “extraordinary”—using the true meaning of this word—telepathy is based on the use of the unlimited powers of the human consciousness. In the Rosicrucian teachings, we shall reveal the technique that you should follow when mentally communicating with other persons so that you can send them brief and urgent messages. As part of this introductory



monograph, we propose that you conduct the following exercise, which illustrates the soundness of this mental technique we may use to communicate with others.

Exercise: When you find yourself in the company of about a dozen people, whether at a meeting, a family gathering, or an evening among friends, choose one of them and, for a few moments, think intensely about that person without looking directly at him or her. When doing this, it is best to direct your gaze in another direction while visualizing the individual's face. After concentrating for fifteen to thirty seconds, stop your visualization, and discreetly observe the person in question. You will find that right after completing your experiment, the individual will look your way as if, unconsciously, he or she had been feeling that you were thinking of him or her.

VIBROTURGY: Rosicrucians have taught for centuries that all objects become impregnated with vibrations emanating from persons who come in contact with them. Although science still denies this principle, we know that matter preserves the memory of these vibrations. We can even go further by stating that our thoughts affect the vibratory nature of objects around us, while the vibrations retained by material substances, in turn, affect us.

For instance, have you ever entered a house for the first time and found that though its appearance was attractive, you nevertheless felt ill at ease? Or have you ever felt a pleasant sensation as you entered a room that was nevertheless untidy and not at all beautiful? Human beings affect the places in which they live. Conversely, places exert a certain influence on sufficiently sensitive persons, bringing about specific reactions within them.

It is important to remember that vibroturgy has nothing to do with magical or supernatural practices. As we just said, it is based on certain laws inherent to matter and consciousness. From a Rosicrucian point of view, it results from the fact that everything in you and around you is vibratory. In this sense, vibroturgic perception is an ability that consists of inwardly harmonizing ourselves with the vibratory nature of objects, which act as intermediaries so that we receive impressions concerning people who have been in contact with them for a sufficient length of time. Thus, it is necessary that one have a sufficiently developed psychic sensitivity. In due time we will provide you with exercises to perform so that you will acquire this development. To



this end, we propose that you perform the following exercise as soon as you have the opportunity.

Exercise: As soon as you can, go to a public library and take a magazine or a book that has obviously been looked through by many persons. If possible, close your eyes and hold this magazine or book for a few minutes while remaining in a state of total receptivity. In other words, while in contact with it, be open to receiving impressions emanating from people who have held it. If your psychic sensitivity is sufficient, you will experience certain sensations that, depending on the situation, can be expressed by the perception of a face, voice, odor, scene, etc. Such reactions will not be due to your imagination; they are due instead to the effects of vibroturgy. It is possible that you will not receive any impression; rather, you will have either a feeling of well-being or discomfort. We will explain why in future monographs. If it is impossible for you to go to a library, you may perform this experiment at home using objects once in contact with various people. A family gem is a good medium for vibroturgy.

METAPHYSICAL HEALING: We sometimes become tired. When this happens, we feel ineffective and sometimes we even become irritable. In such a situation, many people resort to some artificial means for recovering vitality. This may involve medication, a cup of coffee, or some other stimulant to the nerves. Such a way of behaving is not effective, because it only gives the illusion of no longer being weary. Moreover, such stimulants often produce side effects that, without our being aware of it, disturb our physical and psychic equilibrium.

Rosicrucians know of a natural method for neutralizing the underlying cause of fatigue, rather than just its effect. This method is part of the numerous practices AMORC teaches its members so that they can treat many disorders afflicting humans. In fact, a whole degree of study is devoted to Rosicrucian therapy. Such therapy is based on a way of using the autonomic nervous system—particularly its sympathetic division—to produce a stimulation of deficient or diseased organs, this stimulation being either positive or negative according to the disorder involved. As you will learn, this method of healing is composed of placing one's fingers on specific parts of the body and carrying out a certain type of breathing.

Exercise: As a practical application of the previous statements, we suggest that the next time you feel tired,



whether following strenuous physical or mental work, you proceed as follows: Sit comfortably, with your back as straight as possible and your feet placed flat on the ground and slightly apart from each other. While in this position, place the tips of the thumb and first two fingers of your right hand to the back of the neck, to the left of the spinal column. After placing your fingers thus, inhale deeply through your nose, hold your breath for a few moments, and then exhale deeply through your nose. Without removing your fingers, breathe three or four more times in this way. Then resume your normal rate of breathing. After a few minutes, you will feel much better.

MYSTICAL SOUNDS: The sacred texts of most religions refer to a Divine Word that, at the beginning of time, spread throughout the universe and eventually gave rise to all Creation, visible and invisible. This Word, according to many religions, was the Word that God uttered when the Divine wished to create the world. Apart from what religious dogmas teach on this subject, Rosicrucians have known for centuries that certain sounds uttered by humans produce vibrations that affect the persons intoning them and those who hear them. That is why such sounds are used for specific purposes, notably in mental alchemy, mystical healing, and the development of psychic centers, called *chakras* in Eastern traditions.

AMORC, as a traditional and initiatory Order, possesses a store of knowledge on the origin, nature, and power of these mystical sounds, which we call *vowel sounds*, and that can also be given the name of *mantras*. In later degrees, we will explain in detail how to intone them so as to benefit from the positive influence they exercise on the physical body and on the human psychic centers, which are twelve in number. In this first Mandamus, we cannot provide you with a detailed description of all the vowel sounds you will study, any more than we can study all the different psychic centers of the body one by one. However, we suggest that you carry out the following experiment over the next few days.

Exercise: Sit down in a place where you can have perfect peace and quiet, whether at home or outdoors. Hold your back as straight as possible and place the palms of your hands on your knees. Once in this position, close your eyes, inhale deeply through your nose. Then exhale slowly while intoning aloud the vowel sound OM. Do it on the note of your choice, and be sure that you



extend its intonation as long as possible, in this way: *OOOMMMMmmmm*. Intone this sound several times and note the impressions it produces in you. You may note a feeling of well-being and, in some cases, an agreeable sensation in the center of your head. The intonation of the vowel sound OM especially affects the physiological and psychic activity of the pineal gland that is located in the precise center of the head, at the level of the forehead.

We hope that the few exercises we have presented will have stimulated your interest in the studies you are about to undertake as part of your affiliation with AMORC. The monographs that you will receive in the coming months will provide you with detailed explanations on mystical principles relating to these exercises, which, we repeat, constitute an approach that is both specific and general regarding subjects covered in the Rosicrucian teachings. You will gradually familiarize yourself with the laws governing the physical and metaphysical aspects of existence.

In closing, it is a new world that will be opened to you, a world whose beauty, grandeur, and nobility may exceed anything you have conceived of as existing on the human plane until now.

With best wishes for Peace Profound,

Sincerely and fraternally,

YOUR CLASS MASTER

NOTE: *The symbol which appears in the lower corner of each page of this monograph is a very old Rosicrucian symbol. We find it in documents of our Order, some of which are several centuries old and, in many cases, were written by hand and in various languages. This symbol traditionally designates the section in which you find yourself as a Postulant of AMORC. Whenever you progress to another section and degree, another symbol will be revealed to you.*

The dove, as represented in this symbol, has no religious connotation. It represents the inner consciousness of the person who constantly seeks to rise to a better comprehension of the Divine. It also symbolizes the purity of one's intent. As for the circle, it depicts Cosmic Perfection, which is the source of all Creation and with which human consciousness is always in harmony.



The universe, nature, and humans are animated by the same cosmic flow and owe their existence to energies having a common source, as it is true that everything that is below is like that which is above, and that everything that is above is like that which is below.

—From the Hermetic Tablet

The most beautiful and profound emotion we can experience is the sensation of the mystical. It is the fundamental emotion, which stands at the cradle of true science. He to whom emotion is a stranger, who can no longer wonder and stand rapt in awe, is as good as dead. To know that what is impenetrable to us really exists, manifesting itself as the highest wisdom and most radiant beauty, which our dull faculties can comprehend only in their primitive forms, this knowledge, this feeling, is the center of true religiousness. The cosmic experience is the strongest and noblest driving force behind scientific research.

—Albert Einstein

*Consecrated to truth
and dedicated to every Rosicrucian*



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